

# Q What's the latest book you read that gave you new insight into children's health or development?

## PEDIATRICS

**Ari Brown, M.D.**  
Author of *Baby 411* and *Toddler 411*

\* **Harry L. Gewanter, M.D.**  
Virginia Commonwealth University School of Medicine

**Harvey Karp, M.D.**  
Author of *The Happiest Baby on the Block* and *The Happiest Toddler on the Block*

**Lori Laffel, M.D., M.P.H.**  
Joslin Diabetes Center

**Philip Landrigan, M.D.**  
Mount Sinai School of Medicine

**Jane Morton, M.D.**  
Stanford University School of Medicine

**Irwin Redlener, M.D.**  
The Children's Health Fund

**Michael Rich, M.D., M.P.H.**  
Center on Media and Child Health, Children's Hospital Boston

**Harley A. Rotbart, M.D.**  
Children's Hospital Colorado

**Darshak Sanghavi, M.D.**  
Author of *A Map of the Child: A Pediatrician's Tour of the Body*

**Jennifer Shu, M.D.**  
Coauthor of *Heading Home With Your Newborn*

**Wendy Sue Swanson, M.D., M.B.E.**  
Author of *Seattle Mama Doc* blog

## CHILD DEVELOPMENT AND BEHAVIOR

\* **Jenn Berman, Psy.D.**  
Author of *SuperBaby*

**Michele Borba, Ed.D.**  
Author of *The Big Book of Parenting Solutions*

**William Doherty, Ph.D.**  
University of Minnesota

## Michael Thompson, Ph.D.

Author of *It's a Boy!* and coauthor of *Raising Cain*

## WOMEN'S HEALTH

**Alice D. Domar, Ph.D.**

Domar Center for Mind/Body Health

**Jamie Grifo, M.D., Ph.D.**  
New York University School of Medicine

**Laura Riley, M.D.**  
Massachusetts General Hospital

## ALLERGY

**William E. Berger, M.D.**  
University of California-Irvine School of Medicine

**Hugh Sampson, M.D.**  
Mount Sinai School of Medicine

## NUTRITION

**Connie Diekman, R.D.**  
Washington University in St. Louis

**David Ludwig, M.D., Ph.D.**  
Children's Hospital Boston

\* **Elisa Zied, R.D.**  
Author of *Feed Your Family Right* and *Nutrition at Your Fingertips*

## EMERGENCY MEDICINE AND SAFETY

**Dennis R. Durbin, M.D.**  
The Children's Hospital of Philadelphia

**Martin Eichelberger, M.D.**  
Safe Kids Worldwide; Children's National Medical Center

**Gary A. Smith, M.D., Dr.P.H.**  
Center for Injury Research and Policy, Nationwide Children's Hospital

## MENTAL HEALTH

**David Fassler, M.D.**  
University of Vermont College of Medicine

**Harold S. Koplewicz, M.D.**  
Child Mind Institute

**Kyle Pruett, M.D.**  
Yale University School of Medicine

**Fred Volkmar, M.D.**  
Yale Child Study Center

## EDUCATION AND CHILD CARE

**Kathleen McCartney, Ph.D.** \*  
Harvard Graduate School of Education

**Robert Pianta, Ph.D.**  
Curry School of Education, University of Virginia

## SLEEP

**Jodi Mindell, Ph.D.**  
The Children's Hospital of Philadelphia

**Judith Owens, M.D.**  
Children's National Medical Center

## DERMATOLOGY

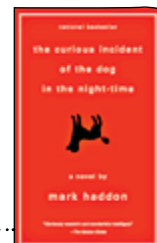
**Lawrence F. Eichenfield, M.D.**  
Rady Children's Hospital, San Diego

**Jody Alpert Levine, M.D.** \*  
Plastic Surgery & Dermatology of NYC

## DENTISTRY

**Burton L. Edelstein, D.D.S., M.P.H.**  
Children's Dental Health Project

*The Parents We Mean to Be, by Richard Weissbourd*



*The Curious Incident of the Dog in the Night-Time, by Mark Haddon*



*The Blessing of a B Minus, by Wendy Mogel, Ph.D.*



A go-to source for everything baby, the updated 5th edition of *Baby 411*, by Ari Brown, M.D., is also available in an iPad edition that includes a dozen how-to videos.



**Dr. Michael Rich, "The Mediatrixian"**

**Q** Whenever my 7-year-old son gets together with his friends they want to be on the Wii or playing video games the whole time; he says this is how they have fun. Am I wrong to fight with him about it?

**A.** There's nothing inherently problematic about your son playing video games with his friends (especially if the content is nonviolent), but if that's all they want to do, you're right to encourage them to run around outside or go climb a tree instead. **Kids who love Wii Sport would still probably prefer to play baseball in the park, so offer to take them** (and their coats and gloves!), even if it's cold out. If you're okay with your son playing video games some of the time, you should still keep in mind that there are other parents who aren't but may not be comfortable raising the issue with you. Before a playdate, it's always a good idea to check with the friends' parents to see how they feel.